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Gastroenterology & Hepatology
50 Buck Creek Road, Ste 200
Avon, CO 81620
970-926-6340 ext 6390, Aly



Midvalley Ambulatory Surgery Center
1450 East Valley Road Suite 202
Basalt, CO 81621
970-544-1360

EGD Preparation Instructions

Your test is scheduled for:

Midvalley Ambulatory Surgery Center on: _____ at _____.

Please check in at : _____ for your _____ appointment.

DO inform your Doctor if you have a pacemaker, internal defibrillator, latex allergy, or artificial heart valve.

DO inform your Doctor if you are diabetic.

Insulin dose: 1/2 your regular dose the day before and the morning of the procedure.

Oral Glucose pill: Do not take this the morning of the procedure.

DO take your heart and BP medicines in the morning with sips of water only (take 2 hours before leaving for the procedure).

DON'T eat anything after midnight before this procedure. You may have small amounts of Clear Liquids (nothing red or purple) up until 4 hours prior to this procedure.

DO have a driver take you home (a must- not a taxi or walking home).

DO have an adult member with you for the rest of the day and evening after the procedure.

DON'T take Coumadin for _____ days before this procedure.

Stop Coumadin on this date _____.

DON'T take Aspirin for 5 days prior to the procedure.

DON'T take Plavix for 5 days prior to this procedure.

DON'T take Lovenox the day of this procedure. (last one no later than 9 PM the day before the procedure).

You will be called 10 to 14 days after your procedure to discuss any biopsy results and any further follow up.



Clear Liquid Diet

You May Have The Following:

Water
Clear Bullion (chicken, beef, or vegi)
Coffee or Tea, without milk or creamer
Gatorade
Soft Drinks
Kool-Aid (no red/purple Kool-Aid)
Jell-O, without fruit (no red/purple Jello-O)
Popsicles (**no** red/purple)
Apple Juice
White Grape Juice
Lemonade, without pulp
Other Clear Juices, without pulp
White Cranberry Juice

You May NOT Have the Following:

Red/Purple Jell-O or
Red/Purple Popsicles
Milk or Milkshakes
Any Solid Foods



Cancellation Policy

If for any reason, you need to cancel
or reschedule your appointment,
please contact our Office at
970-476-7600 x 2310 or x 6390

**Within 48 hours prior to your scheduled
Procedure to avoid a No-Show
Cancellation Fee of \$100.**

Thank you for your understanding.

Midvalley Ambulatory Surgery Center

1450 East Valley Rd, Suite 202, Basalt, Colorado 81621

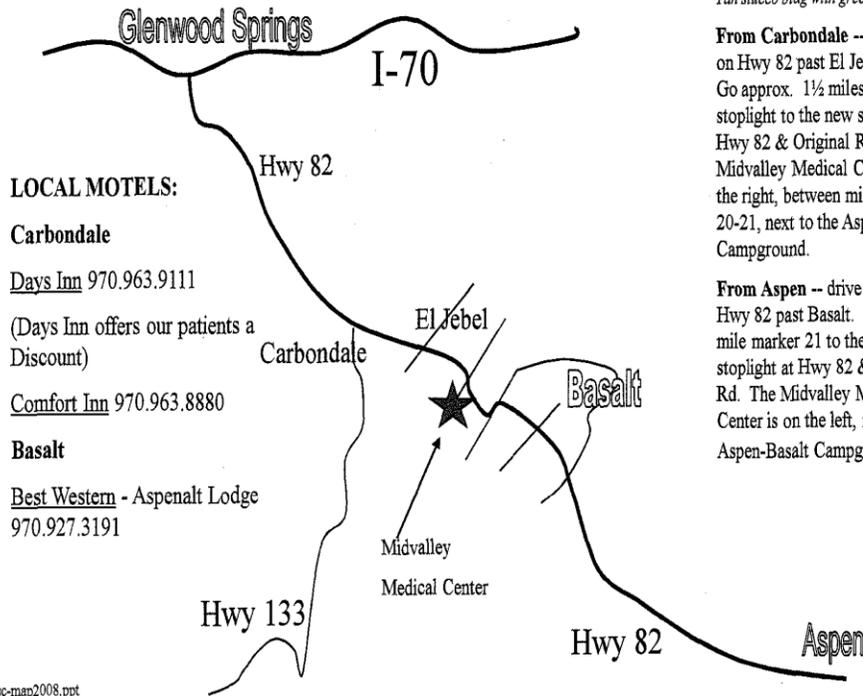
970-544-1360

Directions:

Tan stucco bldg with green metal roof

From Carbondale -- drive East on Hwy 82 past El Jebel stoplight. Go approx. 1½ miles past that stoplight to the new stoplight at Hwy 82 & Original Rd. The Midvalley Medical Center is on the right, between mile markers 20-21, next to the Aspen-Basalt Campground.

From Aspen -- drive West on Hwy 82 past Basalt. Go past mile marker 21 to the new stoplight at Hwy 82 & Original Rd. The Midvalley Medical Center is on the left, next to the Aspen-Basalt Campground.



LOCAL MOTELS:

Carbondale

Days Inn 970.963.9111

(Days Inn offers our patients a Discount)

Comfort Inn 970.963.8880

Basalt

Best Western - Aspenalt Lodge
970.927.3191