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Gastroenterology & Hepatology
50 Buck Creek Road, Ste. 200
Avon, CO 81620
970-926-6340 ext. 6390, Aly

Vail Valley Surgery Center Edwards

320 Beard Creek Road
Edwards, CO 81632
970-569-7400

EGD Preparation Instructions

Your test is scheduled for:

Vail Valley Surgery Center Edwards on: _____.

Please check in at : _____ for your _____ appointment.

(Procedure time is subject to change and will be confirmed two days prior to your date.)

DO inform your Doctor if you have a pacemaker, internal defibrillator, latex allergy, or artificial heart valve.

DO inform your Doctor if you are diabetic.

Insulin dose: ½ your regular dose the day before and the morning of the procedure.

Oral Glucose pill: Do not take this the morning of the procedure.

DO take BP medicines if they are a **Beta Blocker** in the morning with a small sip of water only (take 2 hours before leaving for the procedure).

DO NOT take your BP medicine if it is an **Ace Inhibitor** the morning of your procedure. (*Any questions on medication type please speak with a Pre Op Nurse at 569-7400.*)

DON'T eat anything after midnight before this procedure. You may have small amounts of Clear Liquids (nothing red or purple) up until 4 hours prior to this procedure.

DO have a driver take you home (a must- not a taxi or walking home).

DO have an adult member with you for the rest of the day and evening after the procedure.

DON'T take Coumadin for _____ days before this procedure. (Talk to your prescribing physician)
Stop Coumadin on this date _____.

DON'T take Plavix for 5 days prior to this procedure. (Talk to your prescribing physician)

DON'T take Lovenox the day of this procedure. (last one no later than 9pm the day before the procedure.

You will be called 10 to 14 days after your procedure to discuss any biopsy results and any further follow up.



Clear Liquid Diet

You May Have The Following:

- Water
- Clear Bullion (chicken, beef, or vegi)
- Coffee or Tea, without milk or creamer
- Gatorade **(no red/purple)**
- Soft Drinks
- Kool-Aid **(no red/purple Kool-Aid)**
- Jell-O, without fruit **(no red/purple Jello-O)**
- Popsicles **(no red/purple)**
- Apple Juice
- White Grape Juice
- Lemonade, without pulp
- Other Clear Juices, without pulp
- White Cranberry Juice

You May **NOT** Have the Following:

- Red/Purple Jell-O
- Red/Purple Popsicles
- Milk or Milkshakes
- Any Solid Foods



Cancellation Policy

If for any reason you need to cancel or reschedule your appointment, please contact our office at 970-926-6340 or x 6390 **within 48 hours** prior to your scheduled procedure to avoid a No-Show Cancellation Fee of \$100.

Thank you for your understanding.