



## Clear Liquid Diet

### You May Have The Following:

Water  
Clear Bullion (chicken, beef, or vegi)  
Coffee or Tea, without milk or creamer  
Gatorade  
Soft Drinks  
Kool-Aid (no red/purple Kool-Aid)  
Jell-O, without fruit (no red/purple Jello-O)  
Popsicles (**no** red/purple)  
Apple Juice  
White Grape Juice  
Lemonade, without pulp  
Other Clear Juices, without pulp  
White Cranberry Juice

### You May NOT Have the Following:

Red/or Purple Jell-O or  
Red/or Purple Popsicles  
Milk or Milkshakes  
Any Solid Foods